**Gym Dance Program Rules**

**Entry Fees: USD$30 / Gymnast / Category**

|  |  |  |
| --- | --- | --- |
| Gym Dance  (Under 12) | 2007 and above | Min 5, Max 10 members (all girls,all boys or mix)  Officials & coaches are most welcome to participate  Music of your choice time= 2-4 minutes  Rule:  5 different types of gymnastics moves (Forward roll,splits on the floor ,vertical& etc….)  1 visible movement of dance steps  5 Different collaboration |
| Gym Dance  (Under 15) | 2004 and later |
| Gym Dance  (Open) | Any age |

\*Props may or may not be included

\*Will be using RG mat for the event

**GYM DANCE REGISTRATION**

**Name of Club / Association:** ……………………………………………………………………………………………

**Contact Person: (NAME)** …………………………………………………………………………………………...

**Correspondence Address:**…………………………………………………………………………..………………

…………………………………………………………………………………………..

…………………………………………………………………………………………..

**Contact No:** ………………………………………….**Fax No:** …………………………………

**Email Address:** ………………………………………………………………………………..….

**UNDER 12**

Team Name:

|  |  |  |  |
| --- | --- | --- | --- |
|  | **NAME** | **Preferred Name** | **D.O.B**  **(dd/mm/yyyy)** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |
| 8 |  |  |  |
| 9 |  |  |  |
| 10 |  |  |  |

**UNDER 15**

Team Name:

|  |  |  |  |
| --- | --- | --- | --- |
|  | **NAME** | **Preferred Name** | **D.O.B**  **(dd/mm/yyyy)** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |
| 8 |  |  |  |
| 9 |  |  |  |
| 10 |  |  |  |

**OPEN AGE**

Team Name:

|  |  |  |  |
| --- | --- | --- | --- |
|  | **NAME** | **Preferred Name** | **D.O.B**  **(dd/mm/yyyy)** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
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| 10 |  |  |  |

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| --- | --- | --- | --- | --- |
| **Officials** | **Name** | **Preferred Name** | **Available to Judge**  **(Yes or No)** | **D.O.B**  **dd/mm/yyyy** |
| Head of Delegation |  |  |  |  |
| Judge |  |  |  |  |
| Coach |  |  |  |  |
| Coach |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Flight Information** | **Date** | **Name of Airlines** | **Flight No.** | **Time** |
| Arrival |  |  |  |  |
| Departure |  |  |  |  |
| Arrival of Airport in Kuala Lumpur |  | | | |